



## Valerie Moody

### MTATA Hall of Fame Inducted 2021



Valerie is originally from Kansas and moved to Colorado during elementary school. She remained in Colorado to graduate from Rampart High School and attended the University of Northern Colorado, where she studied athletic training under NATA Hall of Fame member Dan Libera. Upon graduation and certification as an AT, she accepted a position as a graduate assistant at the University of Nebraska-Omaha. After two years of training in Nebraska, Valerie moved back to Colorado to complete an athletic training fellowship at the world renown Steadman Hawkins Clinic. She remained on staff following the fellowship accepting the position as Fellowship Director while working as an AT in a physician clinic with Dr. William Sterett's clinical practice. She stayed at the Steadman Hawkins Clinic for 4 years, when she decided to pursue her passion for AT education at the University of South Florida under the direction of Dr. Micki Cuppett. Valerie completed her Doctorate in Higher Education in

2006 and was eager to move back to the west.

She landed a position at the University of Montana as the Clinical Coordinator for the Athletic Training Program. She worked alongside Scott Richter, MTATA Hall of Fame members JC Weida and Dennis Murphy, to transition the undergraduate AT program to a Masters degree. Valerie is now in her 16<sup>th</sup> year at the University of Montana where she serves as Program Director of the Masters in Athletic Training Program and has been a certified athletic trainer for 25 years.

Valerie has established a philanthropic community outreach program and assists with providing athletic training services to youth hockey athletes in the Missoula community as well as concussion baseline testing to a variety of youth sports groups. She, along with several other athletic trainers, established the Montana Youth Sports Safety Institute and serves as Director. Valerie served as Vice President, President, Past President and Governmental Affairs Chair of the Montana Athletic Trainers' Association. She served as the District 10 NATA Foundation Chair and NATA Foundation Vice President of External Affairs. She continues to serve the Commission on Accreditation of Athletic Training as a Primary Review Team Coordinator and as

a peer reviewer. She serves on numerous committees at the local, regional and national level and is active in researching interdisciplinary care models in concussion management, emergency preparedness and sports safety in high school and youth athletics in Montana, as well as injury prevention strategies in Wild Land Fire Fighters. She has several publications in these areas and has delivered numerous presentations at the local, regional, national and international level.

Valerie is dedicated to serving the AT profession and has been recognized by the state and district for outstanding service receiving the MTATA Distinguished Service Award (2016), NWATA Outstanding Service Award (2015) and NWATA ElevATe award (2020). Nationally, Valerie has received the NATA Service Award (2014) and was recognized as a Most Distinguished Athletic Trainer in 2017.